**SAFER CARING PLAN TEMPLATE**

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| Name of Fostering Household |  |
| Assessing Social Worker |  |
| Date this Safer Caring Plan was completed |  |
| Date of update |  |
| Signature (Foster Carer) |  |
| Signature (Supervising Social Worker) |  |

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| **Bedrooms and Bedtimes** |
| **All members of the household have their own bedroom & bed and sharing is not permitted.**  **We will encourage a young person to personalise their space and will purchase reasonable decorative items.**    **We respect one another’s privacy and must knock on each other’s door and await a reply before entering. (Unless in an emergency, then we might have to enter before permission is given).**    **We keep bedroom doors ajar when other members of the household are present in one another’s the room.**  **We will agree a suitable bedtime at point of placement taking into account age and needs of the young person; we will also agree desired bedtime routine.**  **We do not go into one another’s rooms without permission and do not take items belonging to someone else without asking first.**  **Bedrooms to be maintained in a clean/risk free manner.**  **If a child becomes ill during the evening, we will nurse a child in the lounge, offering a bed for the child on the sofa so the carer may supervise and support in the same room.** |
| **Bathrooms and Personal Care** |
| **Bathing and showering is part of the daily routine, suitable time will be agreed with young person, either in the evening or before school.**  **Young people will be given privacy and respect to bathe/shower alone, if assistance is needed this will be agreed with the social worker beforehand.**  **Personal hygiene issues and help with personal care will be approached based on individual needs of the young person however will be undertaken by adults in the household and not birth children.** |
| **Playing** |
| **A young person can play alone in their bedroom however playing with others will be encouraged in communal areas only.**  **Young person will be permitted to invite friends into the house however will be encouraged to play in one of the many downstairs rooms, with doors ajar.**  **We do not permit play fighting or tickling and encourage more casual interactions.**  **No one should touch anyone else’s body without permission.**  **Age appropriate computer games and films will only be permitted.**  **We are not permitted to play online gaming in our bedrooms and do this using the communal computer only.** |
| **Dress** |
| **We wear suitable clothing at all times and pyjamas are required by all members of the household.**  **We undress, wash, dry and redress in the bathroom and do not permit walking about in a towel.**  **We keep our bedroom doors closed when undressing and dressing.**  **We wear age appropriate and suitable clothing at all times.** |
| **Car Journeys** |
| **Children to be transported by foster carers only.**  **Seat Belts must be worn at all times and car/booster seats in line with legislation.**  **Child locks on car doors may be applied at discretion of carer, depending on individual risk presented by child.**  **Window locks may be applied at discretion of carer, depending on risk presented by child.**  **Any child in placement will not be left unattended in vehicle.**  **Vehicle must be maintained to current safety standards.** |
| **Overnight Stays and Babysitters** |
| **Sleepovers will be permitted with friends once a child is settled in placement and it has been agreed by the young person’s social worker. We encourage sleep overs in our home as opposed to young people sleeping elsewhere.**  **Overnight stays with relatives/birth family will be authorised by child’s social worker/Herefordshire Local Authority.**  **Babysitting will only be sought in an emergency. Emergency babysitting will be sought from support network supplied to Herefordshire Local Authority in carers Eco map.**  **Permission must be sought before taking a young person on holiday.** |
| **Showing Affection.** |
| **We like to recognise achievements, good behaviour and good school work in an affectionate way with hi five, hugging and positive praise but only with permission of the young person.**    **Physical contact must be considered and where possible witnessed by a third party in order to avoid likelihood of complaint/misunderstanding.**  **We ask one another if we want a hug and we must ask if we want to hug someone else.** |
| **Photographs, Videos and the Internet** |
| **We like to take photographs of happy times and aim to provide a life story book for any child placed with us. All photographs taken will be with permission of child and a child can say no.**  **Photographs will not be taken of the LAC in a state of distress, undress or in the bathroom.**  **Photographs will not be published on social networking sites, e.g. Facebook or Twitter.**  **Photographs will be accessible to a young person in placement, where appropriate.**  **Photographs may be shared with birth family only with permission of young person’s social worker or Herefordshire Local Authority.** |
| **Baby Sitting** |
| **Where possible two people will be used to care for children placed with us, DBS checks will be sought for those who may regularly look after children in our care.**  **We will inform fostering social worker prior to any babysitting arrangements.** |
| **Medicines/alcohol/hazardous substances** |
| **All medicines to be kept out of reach of the children and to be administered by the carers only. All medicines administered will be recorded in the child’s ‘health passport’. Any injuries or illnesses will be reported to the child’s social worker and also recorded in the health passport.**  **We will keep alcohol and any hazardous substances stored out of reach (locked in the garage)** |
| **Fire Precautions** |
| All fire alarms to be tested regularly. A fire blanket kept on the wall in kitchen. All members of the household are to be aware of exit procedures and in the event of a fire we will   * *Stay Calm* * *Raise Alarm* * *Go To Nearest Exit* * *Do Not Collect Possessions* * *Wait on the pavement opposite the home* |
| Keeping Everyone informed |
| We do not keep secrets and will not promise this to any young person in placement. We will inform child social worker and fostering social worker of any disclosures, injury, illness, accident.  We will keep a daily record of events and will send these to the fostering social worker and child’s social worker on a weekly basis. |