

## Learning Disability Partnership Board Minutes

18/06/19 Time: 10am-1pm

Bromyard and Sutton Room, Herefordshire Council Offices, Plough Lane

## Attendees

Attendees		Apologies	
Gill Gorle	ACSYL	John Burgess	Herefordshire CCG
Rob Gorle	ACSYL	David Davies	Shared Lives
Mike Cook	Echo manager	Mary Simpson	Healthwatch
Paul Scott	Echo Rep Group	Tracy Roberts	Our News Our Views
Rose Hunt	Herefordshire Mencap	Louise Walton	Marches Family Network
Ian Harper	Aspire Living	Jade Brooks	Herefordshire Council
Sean Ladd	National Star College	Barbara Brown	Aspire Living
Michelle Baillon	Carer Trust		
Simon Parker	Herefordshire Council		
John Gorman	Herefordshire Council		
Laura Ferguson	Herefordshire Council		
Paul Choppen	Herefordshire Council		

**Introductions, Previous Minutes and Matter's Arising**

Paul welcomed everyone and asked people to introduce themselves.

Paul and John then through the previous minutes and Matters Arising.

**LD Champion** – Due to the local elections since in May Cllr Swinglehurst and Cllr Rone have stepped down from jointly sharing the roles of Learning Disability Champion / Autism Champion. We will write to the councillors on behalf of the board to request a LD Champion. We have also requested a LD champion from Operations.

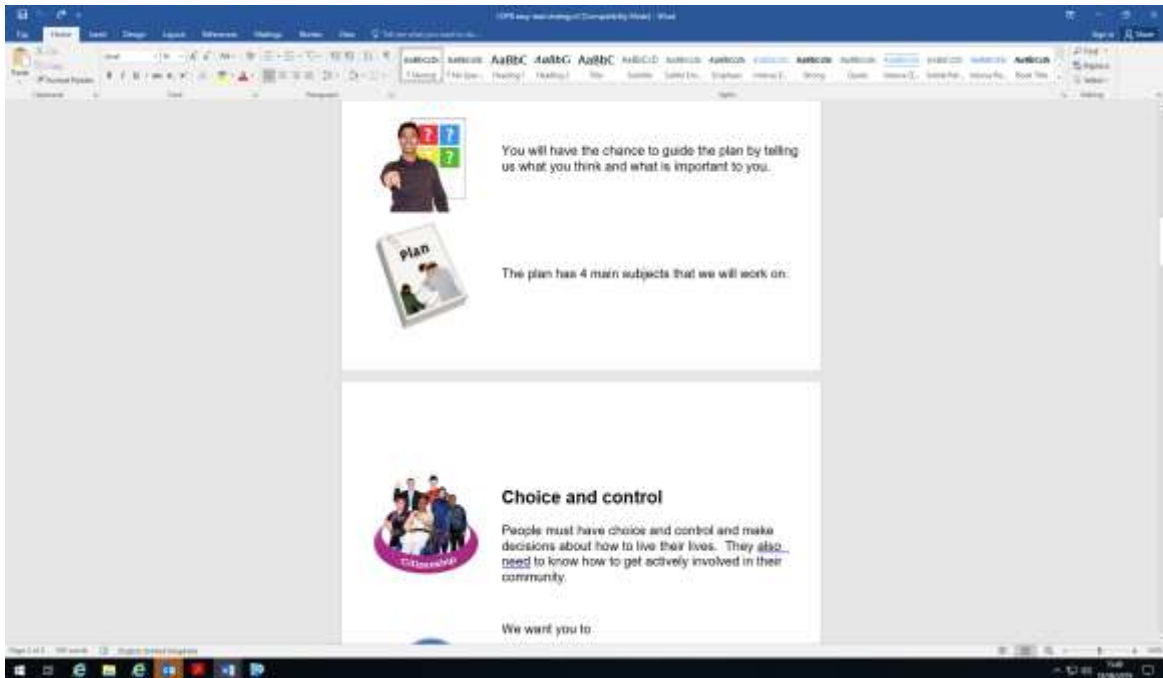
\*Bev Warn has been appointed the Learning Disabilities champion from Operations.

**Action 1-** Laura to request a LD champion from Councillors.

**Easy Read Learning Disability Strategy-** Laura mentioned that although the strategy hadn't been formally signed off it had been printed off for information during Learning Disability Week. Laura and John mentioned that it would be helpful to have a table of actions at the end of future minutes.

**Action 2-** Paul to add table of actions at the end of future minutes.

Laura asked the board if they had read the Easy Read Learning Disability Strategy and were happy to sign it off. Rob suggested a slight change that it to include the 4 priorities on page 2 so “people see the connection to the page that follows:



Laura also pointed out the strap line within the easy read LD strategy “ Nothing about me, without me” is different to the strap line mentioned on the council’s learning disability webpages “Nothing about us without us”.

There was a discussion about what strap line to use. During the discussion Michelle came up with a new strap line “Everything about us, but not without us.” The board agreed to adopt the strap line.

**Action 3**-Paul to make the changes suggested to the LD strategy and any other material that uses the either of the old strap lines.

The Board signed off on the strategy.

### Learning Disability Week

There would be information and representatives from National Star, Aspire, 2gether and Echo in the Atrium at Plough Lane during Learning Disability Week from 10am-2pm.

Monday to Tuesday	National Star College	Students will attend promoting and selling their work including, mugs, coasters, paintings, jewellery, cards, broaches and cosmic eggs
Wednesday	Aspire	Experts by experience will be there to describe their aspiration for employment.
Thursday	2gether Community Learning Disability Team	The Keep it Simple advocacy group will be there to talk about their experiences.
Friday	Echo	Positive stories told by people with learning disabilities in their own words.

Rose Hunt from Herefordshire Mencap said that although they weren't doing anything specifically for Learning Disability week they had managed to get new Safe Place leaflets printed and secured funding for the Safe Place campaign for a further 3 years.

Rose also mentioned that a Safe Places mobile app for Herefordshire was being developed. You can find more information on the Safe Places campaign by visiting [www.herefordshiremencap.com/safe-places](http://www.herefordshiremencap.com/safe-places)

**Action 4-**Rose Hunt to let the LDPB know when the app is live.

### **Learning Disability Partnership Video**

Laura demonstrated the [LDPB video](#) that a working group from the board and Michala Lee from Communications had put together. The video will be shown in the atrium at Plough Lane during Learning disability week and in future at the County Hospital and GP surgeries. The video will also be publicized through the Council's social media channels such as Facebook.

Laura asked the board members to "like" and "share" the video on Facebook.

Laura explained that the end slide of the video directs people to either email in their views on the LD Strategy Priorities to [learningdisability@herefordshire.gov.uk](mailto:learningdisability@herefordshire.gov.uk)

Or fill out a new comments box on a new council web page [www.herefordshire.gov.uk/LDScomments](http://www.herefordshire.gov.uk/LDScomments).

Michala Lee (Press and Publicity Officer) took photos of the board's members that will be tweeted.

**Action 5-**Paul to send out the link to Learning Disability Partnership Board Video with the minutes.

### **Co-Chair Update**

Paul explained that a short advert about the co-chair would be in July's edition of Our News Our Views Newsletter. He also explained he had arranged with Mary Simpson for copy of the Role of the co-chair document to be sent out with each package of newsletters delivered by post.

Board members agreed to publicise the co-chair role through their organisations.

**Action 6-** Paul agreed to also send out the Role of the co-chair document with the minutes.

**Action 7-** Board members to publicize the Role of the Co-chair through their networks

### **Learning Disability Partnership Board Logo-**

Following a discussion and ideas these will be taken by the Communications team to turn into some draft sample logos.

**Action 8-** Laura to circulate the logo's to the board.

**Action 9-** Paul agreed to dig out a logo the board had used previously and send it to Laura.

### **Hospital Reasonable Adjustments.**

Laura explained that she and Paul had met up with Rhiannon Mainwaring and Bronwen Carless at the hospital to see what reasonable adjustments they are making. Rhiannon showed off various documents such as- an easy read guides for having a CT/ EEG scans, Top Tips for theatre staff, Disability Distress Assesment form, Alert and Preparation Form and Communication Box Content form. –**See attachments for more information on easy read guide to EGG and CT scan.**

**Action 10:** Paul to send out easy read guide to EEG and CT scan with the minutes

Only 150 people out of a possible 2000 have a note in their hospital record to say they have a learning disabilities. There is information help by both GP's and social care, but this isn't shared.

Michelle Baillon from the Carers Trust is prompting carers to wear ID badges around the hospital. Our News Our Views and Rose Hunt from Herefordshire Mencap said they would help promote the scheme,

### **Being Healthy and Safe.**

Mike Cook explained that the Echo Rep group had looked into some of the issues that are important to them regarding this month's meeting theme Being Healthy and Safe. Please see attached for more information.

### **What we need to help us keep healthy**

The table below is a summary of discussions.

<ul style="list-style-type: none"> <li>• To give us the right amount of support if we live in our own homes – so we can cook and eat healthy food –.</li> </ul>	Laura suggested linking learning disability services with the Healthy Living Network who can provide support around shopping lists, cooking training, meal plans etc. Go to HLN webpage.
<ul style="list-style-type: none"> <li>• Information/courses about healthy eating and cooking</li> </ul>	
<ul style="list-style-type: none"> <li>• Somewhere to grow fruit and veg</li> </ul>	Laura said there needs to be a conversation about improving the signposting to services such as- Eaton Farm, Widemarsh, Community Farm, Community Garden, Cart Shed, Houghton etc.
<ul style="list-style-type: none"> <li>• Enough support around health needs especially if you live in your own home</li> </ul>	<p>Laura suggested contacting the CCG about the number of people signed up and delivering health action plans.</p> <p>Simon noted that Health Action Plans could be promoted through the STP in Herefordshire and Worcester.</p>
<ul style="list-style-type: none"> <li>• Have lots of activities around sports and fitness</li> </ul>	<p>-Herefordshire Mencap- Community Games</p> <p>-Ian Harper- Special Olympics has restarted in Herefordshire.</p> <p>Echo- is looking into securing funding to support special Olympics activities.</p> <p>Rob said Halo run activities that people can access. See <a href="https://haloleisure.org.uk/">https://haloleisure.org.uk/</a> for more information.</p>
<ul style="list-style-type: none"> <li>• Access to physiotherapy without having to wait when your health condition changes</li> </ul>	<ul style="list-style-type: none"> <li>- <b>Action 11-</b> Paul to contact Public Health about what support people with LD should expect.</li> </ul>
conversation	
Keeping safe	
<ul style="list-style-type: none"> <li>• Travel training to help us walk to places we go to regularly, use a train or a bus</li> </ul>	<p><b>Laura suggested that the contact information for the Travel Trainers be shared with the Board.</b></p> <p><b>Action 12-</b>Laura to ask Alexia Heath about the best way to contact the Council's travel trainer's services.</p>

	*Alexia shared the link to the Independent Travel Training page on WISH <a href="https://www.wisherefordshire.org/transport-travel-and-mobility/independent-travel-training/">https://www.wisherefordshire.org/transport-travel-and-mobility/independent-travel-training/</a>
<ul style="list-style-type: none"> <li>• Support to look after our money eg;-</li> <li>• everyday money</li> <li>• direct payments</li> <li>• to save for things like holidays</li> <li>• to understand what money I have and what it is for</li> </ul>	<p>Laura suggested sign posting people to the credit union. See <a href="https://www.wisherefordshire.org/marketplace/cat/vendor/1635">https://www.wisherefordshire.org/marketplace/cat/vendor/1635</a> for more information.</p> <p>Sean said National Star had done some training with Barclays. Ian said that Barclays had done an easy read document guide. Rob said that the manager of Lloyds was very good.</p> <p><b>Action 13:</b> Paul to write to banks about whether they have any reasonable adjustments / easy read guides about money they can share with the board.</p>
<ul style="list-style-type: none"> <li>• Learning about dangers and our rights – then we can stand up for ourselves and we will be less likely to be abused.</li> </ul>	<p>Laura suggested that Mike Cook gets more clarification on this from the Echo rep group.</p> <p><b>Action 14:</b> Mike to seek clarification on the Learning about dangers and our rights statement.</p> <p><b>Action 15-</b> Paul said he would share the old People’s Union Bill of Rights and Steps to Respects documents with Laura.</p>

**Action 16:** Laura/John/Paul to turn the information in the table into an easier read format which can be shared.

### Next version of the Implementation Plan

#### Health issues in Plan

- Better sharing of data
- Mental Health
- Aging including dementia
- Leder- Action-Ask John Burgess to do a report for circulation to the board.
- Relationships and sexual health- building healthy relationships

**Action 17:** Ian harper from Aspire is working with Solutions for Health on raising awareness of Sexual Health. Ian will check with Karen Hall and come back to the board with any update.

### Next Meeting Topic- What I do during the Day:

The board came up with 4 questions for providers to discuss with their rep /advocacy groups and comeback with some answers preferably a week before the next LDPB meeting.

1. How do you choose what you do?
2. How do you change what you do?
3. How do you get to be heard?
4. What would you like to do but cannot?

**Action 18-** Paul to invite a representative from the Job Centre to the next meeting.

<b>Name</b>	<b>Action Numbers</b>	<b>Action</b>
Laura Ferguson	Action 1	To request a LD champion from Councillors.
	Action 8	Communications to come up with some logo designs and Laura will circulate them to the board
	Action 12	To ask Alexia Heath about the best way to contact the Council's travel trainer's services.
Paul Choppen	Action 2	To add table of actions at the end of future minutes.
	Action 3	Make the changes suggested to the LD strategy and any other material that uses the either of the old strap lines. ( Everything without us, but no without us)
	Action 5	send out the link to Learning Disability Partnership Board Video with the minutes
	Action 6	Send out the Role of the co-chair document with the minutes.
	Action 9	Dig out a logo the board had used previously and send it to Laura.
	Action 10	send out easy read guide to EEG and CT scan with the minutes
	Action 11	Contact Public Health about what support people with LD should expect.
	Action 13	Write to banks about whether they have any reasonable adjustments / easy read guides about money they can share with the board.
	Action 15	Share the old People's Union Bill of Rights and Steps to Respects documents with Laura.
	Action 18	Invite a representative from the Job Centre to the next meeting.
Ian Harper	Action 17	Check with Karen Hall and come back to the board with any update on " Solutions for Health" on raising awareness
Rose Hunt	Action 4	To let the LDPB know when the Safe Places app is live.
Paul/John/Laura	Action 16	Turn the information from experts by experience and response into an easier read format which can be shared.
Mike Cook	Action 14	Seek clarification from the Echo Rep group on what they meant by the

		Learning about dangers and our rights statement
All	Action 7	Board members to publicize the Role of the Co-chair through their networks