

# Herefordshire Now

The residents' magazine from Herefordshire Council | Issue 4 |

Summer 2019



## New look for Leominster library

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New bike share  
scheme for  
Hereford

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councillors in  
our easy guide

Spring Clean  
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# Welcome

In May 2019 local elections were held and your Herefordshire Council members were elected. You can find a directory of our councillors and how to contact them on pages 5-8.

Councillors are directly elected to represent the people and therefore have to consider not just the interests of their ward, but those throughout the whole county.

A healthy democracy depends upon active citizenship and we encourage all those who live and work in Herefordshire to get involved in decision making at the council.

You can attend meetings of the council and its committees- details of meetings are published on our website and also in our public offices.

You can also listen to public meetings on our website (just go to the relevant meeting page and look for the media player sound bar).

If you live or work in Herefordshire, you can ask a question at a public meeting. You can also suggest a topic for scrutiny, file a petition or make a compliment, comment or complaint.

For more information visit [Herefordshire.gov.uk/getinvolved](http://Herefordshire.gov.uk/getinvolved)

Follow us:

    [hfdscouncil](https://www.hfdscouncil.gov.uk)

Cover picture credit: Steve Jones  
We have printed 3,000 copies of this magazine at a cost of £398

# Construction begins on new Hereford Medical Centre



Construction work is underway on the new £9m Hereford Medical Centre on Station Approach. Patients are set to benefit from a modern and inviting healthcare environment, with five GP practices under one roof providing a healthcare hub for the community.

The new medical centre is the first of a number of exciting developments planned for this area of the city since

the City Link Road made available land that was previously inaccessible.

These include new purpose-built student accommodation, with building work due to start this summer, supporting higher education in the county; and there are plans for a new transport hub adjacent to Hereford railway station making it easier for visitors and residents to connect between different forms of transport.

For more information visit [www.herefordshire.gov.uk](http://www.herefordshire.gov.uk)



# Summer Reading Challenge prepares for lift off

There's plenty to keep the kids entertained at libraries over the summer – find out about our illustrator workshop, space lab, treasure hunt and 'Design a space alien' competition online. All activities are free and you don't need to be a library member to join in.

This year's Summer Reading Challenge is Space Chase– an out-of-this-world adventure for children up to the age of 11. The mission is to read six library books over the school

summer holidays. As children read their books they will collect special stickers (including some stinky ones) to complete their mission folder and receive rewards. Any book or eBook from Herefordshire Libraries can be read for the challenge – from fiction to fact books, joke books to poetry.

The Space Chase, Summer Reading Challenge 2019 will prepare for lift off across all Herefordshire libraries on Saturday 13 July.

[www.herefordshire.gov.uk/libraries](http://www.herefordshire.gov.uk/libraries)



## Borrow a bike this Summer

There's a new way to enjoy Hereford this summer. Herefordshire Council has partnered with Beryl to provide a new bike share service across the city.

Bikes will be parked in 'Beryl Bays' and you can hire a bike on the Beryl app, which lets you locate and unlock the bike using your smartphone. You'll also be able to leave bikes at other locations for an extra charge.

There are around 40 proposed destinations for bays across the city. Marc Willimont, Acting Assistant Director for Regulatory Environment and Waste, said: "This will give more people the opportunity to make short journeys in and across the city by bike, helping to reduce congestion and support increased activity levels."



(L-R: Herefordshire Council: Marc Willimont, Acting Assistant Director for Regulatory Environment and Waste, Richard Vaughan, Principal Energy & Active Travel Officer; Beryl: Philip Ellis, Chief Operating Officer; Patrick Donnelly, Head of Policy; Martin Jolly, Field Operations Manager.

The Bike Share scheme is part of the Choose How You Move campaign. For more information visit [www.herefordshire.gov.uk/cycling](http://www.herefordshire.gov.uk/cycling)



## New look at Leominster Library

Leominster Library at The Buttercross reopened in April following a major £50k refurbishment as part of a range of investment in libraries in the county.

As well as a refresh to the general decoration, new shelving and an improved children's area have been installed.

Space has been created for more public access computers, a new gallery space and a section with local publications available for sale.



Follow @HfdsLibraries on Twitter and Facebook to keep up-to-date with all the latest events at your local library.



# Summer fun @ Herefordshire museums



## Black and White House Museum

### 90 years @ The Black and White House - Friday 26 and Saturday 27 July

The Black and White House celebrates 90 years of being a public museum this year. The 17th Century timber-framed building started life as a butcher's home and shop before finishing its commercial life in the hands of Lloyds Bank.

Since 1929 it has been a fascinating museum packed full of exhibits which give you a great insight into life in the Jacobean times.

The Black and White House Museum has been awarded a TripAdvisor® Certificate of Excellence and features

hands-on activities for the kids, such as replica costumes and puzzles. Join the museum's birthday weekend full of fun, family activities.

### Find the Rat - Daily throughout August

Can you find the rascally rats in the Black and White House Museum? Follow the trail and see where it takes you!

### Black and White House Museum, High Town, Hereford HR1 2AA

Adults £2.50, Child £1.50 (under 5s free), family £7.50  
Open Monday - Saturday 10am - 4pm

@blackandwhitehousehereford

## Hereford Museum and Art Gallery

### Creative Archaeology Fun Day - Thursday 24 July 11am - 2pm

Get involved with the Stone Age and the Romans at the Hereford Museum and Art Gallery. There will be creative activities suitable for all the family at this free event.

### Get Crafty - Wednesday 7 August 11am - 2pm

A chance to explore history through fun and exciting craft activities. This free event is suitable for the whole family.

### 'Bee' Active! - Daily throughout August

For all your busy bees - there's a children's activity quiz and trail, plus the chance to explore the museum's works of fine and decorative art which offer a glimpse into Herefordshire's history.

### Hereford Museum and Art Gallery, Broad Street, Hereford HR4 9AU

Free entrance Open Tue - Fri 10am - 4pm / Sat 10am - 12.30pm

@herefordmuseums

# Pack an eBook in your suitcase



Borrow, download and enjoy here  
Your library in one app.

Our enhanced eBook and eAudio service has arrived just in time for the summer holidays - and it won't take you over your baggage limit! You can browse the latest new releases and bestsellers, download a popular biography or share family favourites with your children.

You can borrow up to six eBooks and six eAudio books at a time with your Herefordshire library card. All of this can be downloaded for free through the BorrowBox app on any Apple iOS and Google Android device.

Just sign-up online to become a Herefordshire Library member then download the BorrowBox app from the App Store or Google Play. The app is simple and intuitive to use on any smartphone, tablet or Kindle Fire.

Browse our catalogue at [www.herefordshire.gov.uk/ebooks](http://www.herefordshire.gov.uk/ebooks)



The Reading Agency and Libraries Present

Summer Reading Challenge 2019

More info on p2

# A guide to your Councillors

Your councillors are responsible for making sure that the services that the council provides meet the needs of residents and those who work in Herefordshire. Councillors are directly elected to represent the people and therefore have to consider not just the interests of their ward, but those throughout the whole county. They do this by setting the overall policies and strategies for the council and by monitoring the way in which these are implemented. Councillors have a complex role and act in a number of capacities: as committee member, constituency representative and party activist.

The full Council of 53 members is responsible for agreeing the main policies and priorities for all services, including the council's budget.

The cabinet have responsibility for all decisions which the law, or the Council, does not require to be taken by others and agrees policies and actions to implement the budget and policies set by full Council.

Councillors who are Cabinet portfolio holders have more specialised roles in agreeing particular policies, representing the council while at the same time working with other agencies to tackle issues such as improving overall health and wellbeing, social care and safeguarding, education, housing, transport, and promoting economic growth within the county.

Your councillor can:

- Be contacted to discuss your problem or ideas to improve the ward or county
- Help you if you need information or are dissatisfied with a council service
- Put forward proposals to improve the ward they represent
- Campaign on local issues
- Represent your community within the council and to other organisations
- Speak at planning and regulatory committee on matters affecting their ward
- Ask questions or put forward views on your behalf at public meetings of the council
- Present petitions on your behalf
- Get an issue debated at full Council by submitting a motion.



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Please visit [bit.ly/CommitteeDetails](http://bit.ly/CommitteeDetails) for more information on Committee details



## Help is on hand for school and college leavers



Hundreds of young people across Herefordshire will receive their results this exam season. If you're one of the students who's still unsure whether you want to take up a place at a university, start an apprenticeship or head into the world of employment, there's plenty of great advice available online to help you decide on what to do next.

UCAS provides guidance on how you can use the clearing system to find a university or college if you don't already have a place.

For information visit: [www.ucas.com/undergraduate/results-confirmation-and-clearing/what-clearing](http://www.ucas.com/undergraduate/results-confirmation-and-clearing/what-clearing)

For advice on apprenticeships visit: [www.apprenticeships.gov.uk/](http://www.apprenticeships.gov.uk/)  
For careers advice and information about training visit the National Careers Service website: [nationalcareersservice.direct.gov.uk/](http://nationalcareersservice.direct.gov.uk/)

If you're looking to improve your English, Maths or IT skills, you can search the gov.uk website for details of the different local training and apprenticeship providers.

BBC Radio 1 also has some great information on their website to help you plan your future, visit: [www.bbc.co.uk/programmes/p059n9d2](http://www.bbc.co.uk/programmes/p059n9d2)



## New Sexual Health Service for Herefordshire

Herefordshire has a new sexual health service provided by Solutions 4 Health. The service known as 'Health Services 4 Herefordshire' offers free, confidential help and support to residents on Contraception, STI testing and treatment, pregnancy options and LGBT health. The service is available in a range of locations to help improve access for people who are at greatest risk.

Visit [www.sexualhealthservices4herefordshire.co.uk](http://www.sexualhealthservices4herefordshire.co.uk)



## Protect yourself at Uni



All set for uni? Got your books, found somewhere to live, and even booked tickets for all the freshers' events? Don't forget one thing that could save your life—your free MMR and MenACWY vaccines.

The MenACWY vaccine is the best way to protect you from four kinds of meningococcal disease – the main cause of meningitis and septicaemia.

The Men A, C, W, and Y strains are serious and can kill. Those in their late teens – particularly new uni students – are at higher risk of meningococcal disease. You should get vaccinated at least two weeks before you start uni, so you're protected before you go.

The MMR vaccine protects from measles, mumps, and rubella. There have been recent measles outbreaks across the UK and in Europe, so it's really important to make sure you've had both MMR doses if you didn't get them as a child. You need two doses of the MMR vaccine to be fully protected.

University freshers under the age of 25 should have the free jab, along with anyone born on or after 1 September 1996 (if you've not already been vaccinated). If you can't get vaccinated before starting uni, get the vaccine as soon as you arrive.

Make an appointment with your GP now! It might just save your life.

# Spring Clean competition winners announced



Two community litter pickers have been presented with prizes for submitting old or unusual items of litter, discovered while cleaning up their local environment.

During the Great Herefordshire Spring Clean, the council encouraged volunteers to share their litter picking stories, and submit nominations with the hope of winning in one of two categories: oldest piece of litter found; and most unusual piece of litter found.

The winner of the most unusual piece of litter prize was eight year old Zeb Swan, from Wellington, who found an intriguing pair of plastic handcuffs.

Meanwhile the oldest piece of litter was found by the Ross Community Clean-up group, who submitted a For Sale sign which is at least a quarter of a century old, dated by the old telephone code.

Congratulations to the winners, who were each awarded a £25 voucher for a shop of their choice.

Thank you to everyone who supported the Great Herefordshire Spring Clean for helping to keep Herefordshire clean, tidy and beautiful.



Winners are Zeb Swan (top) and Wendy Salter (on behalf of the Ross group) (bottom)

# Recycling for everybody's environment

A picnic is likely to be one of the top activities on your list this summer.

There's nothing better than enjoying good food and company in the beautiful natural environment that Herefordshire has to offer. You can help keep this county - and the planet - beautiful by taking home your rubbish to recycle.

You might be surprised at what you can put in your green bin or clear sack.

## Plastic bottles and containers

- ✓ Drinks, milk and juice bottles
- ✓ Yoghurt, cream and custard, soup and sauce pots
- ✓ Margarine and ice cream tubs
- ✓ Fruit and vegetable punnets, plastic meat and fish trays
- ✓ Cake and pastry trays
- ✓ Hard bottle tops, plastic caps and lids

## Cardboard

- ✓ Cereal and ready meal boxes
- ✓ Egg boxes
- ✓ Kitchen roll tube

## Food tins and drink cans

- ✓ Food tins
- ✓ Drink cans
- ✓ Aerosol cans
- ✓ Sweet and biscuit tins
- ✓ Metal jar lids

## Cartons

- ✓ Milk, juice, smoothies and custard

## Mixed glass bottles and jars

- ✓ Glass bottles and jars
- ✓ Metal caps and lids

## Please remember:

- ❗ Rinse out all food and drink containers
- ❗ Only clean & dry recyclable items
- ✗ No bags or carriers (Place items loose into the bin)
- ✓ Labels can be left on
- ❗ No need to squash cans, bottles, plastics or cartons
- ✗ NB we cannot recycle black plastic or film.

## Beat the Summer BBQ Bugs

Barbecues are an excellent way to relax and enjoy the summer. To keep food safe when organising a BBQ, remember the four C's of food hygiene.

### Chilling

Some foods need to be kept in the fridge to help slow down the growth of bacteria and keep it fresh and safe for longer. Storing food properly helps stop harmful bacteria from growing. It is especially important to keep food properly chilled if you're eating outdoors in the warm sun.

### Cleaning

Effective cleaning gets rid of bacteria on hands, equipment and surfaces, helping to stop harmful bacteria from spreading onto food.

### Cooking

The biggest risk of food poisoning when barbecuing is from raw and undercooked meat. Cooking food at the right temperature and for the correct length of time will ensure that any harmful bacteria are killed.

### Cross-contamination

Cross-contamination is most likely to happen when raw food touches or drips onto ready-to-eat food, utensils or surfaces.



Top tips to help make sure you follow the four C's of food hygiene are available at [food.gov.uk/safety-hygiene/barbecues](https://www.food.gov.uk/safety-hygiene/barbecues)



## New funding to help in the battle against litter



Pride in Pembridge – Adrian and Gilly Lomax

Herefordshire has benefitted from over £30,000 of additional funding to support community litter groups.

Funding was used to purchase additional clean-up equipment, training and signage for local community groups, and the council is in the process of distributing them based on the needs of local communities.

Existing community clean-up and litter picking groups work

collaboratively through the Herefordshire Stop the Drop network, and their ideas and suggestions were compiled to create a wish list of equipment, ensuring every community had a say in how the funding was invested.

Items purchased from the wish list include litter grabbers for adults and children, gloves and hi-vis jackets, litter carts and vacuums, signage and first aid training.

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## Help with noisy neighbours

The sunshine and warm evenings can mean we spend more time outdoors in the summer.

There are simple steps you can take to make sure you're being a good neighbour this summer:

- Tell your neighbours in advance if you're planning a party
- Leave your contact details in case your burglar alarm goes off
- Keep the noise of TVs and music down – especially if your windows are open
- Make sure DIY projects are completed during the daytime, and not too early!

The summer noise out of hours hotline will be open every weekend from mid-June. Call 01432 261761 from 9pm to 2am every Friday and Saturday evening until the end of August, and on August bank holiday Sunday.

[www.herefordshire.gov.uk/summernoise](https://www.herefordshire.gov.uk/summernoise)





Herefordshire Council's website provides a number of services you can access from the comfort of your own home, including:

- Manage your council tax
  - Manage Housing Benefit
  - Information on road closures
  - Receive the latest news
  - Find local events
  - Order or renew a library book
  - View planning applications
  - Sign up for school closure and transport alerts
  - View our vacancies
  - Advice on social care
  - See the latest consultations
- Report a problem including:**
- Missed bin collection
  - Potholes
  - Flytipping
  - Litter problems
  - Faulty street light

Visit [www.herefordshire.gov.uk](http://www.herefordshire.gov.uk)



**WISH offers information about all sorts of things to help you feel happier and healthier.**

WISH has been developed to help you or someone you care for live as safely and independently as possible. You can use the service to find out about things like:

- Accessing care and support
- How to stay healthy
- Ways to support living independently

There are all sorts of activities and clubs in your area from Zumba to bell ringing, childcare to parenting, carer's support to managing money.

[www.wisherefordshire.org](http://www.wisherefordshire.org)



Sexual Health Services  
4 Herefordshire

Offering free, confidential sexual health services in Herefordshire

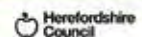


Contact the team:

Tel: 01432 483693/ 0800 7720478

Website: [www.sexualhealthservices4herefordshire.co.uk](http://www.sexualhealthservices4herefordshire.co.uk)

Email: [sexualhealth4herefordshire@nhs.net](mailto:sexualhealth4herefordshire@nhs.net) Fax: 01432 807105



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