

January 2022 survey:

Where I live



**HEREFORDSHIRE'S  
LEARNING DISABILITY  
PARTNERSHIP BOARD**  
*everything about us but not without us*

# Distribution and response

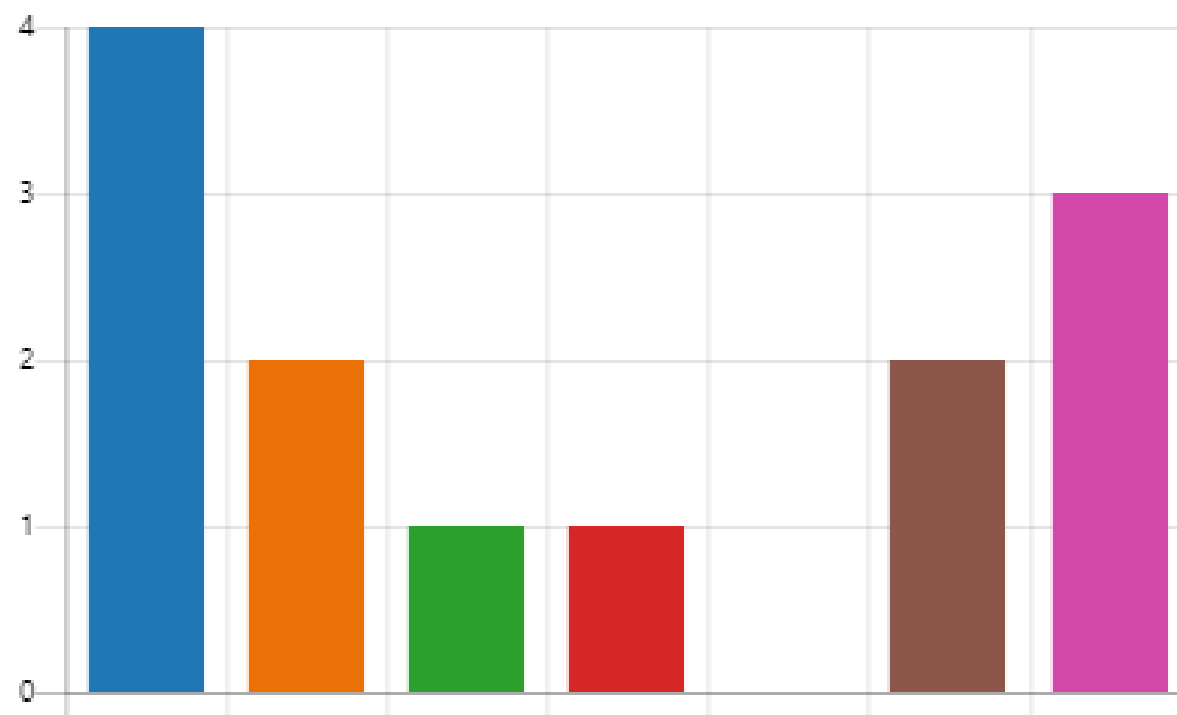
- 13 people filled our survey this month.
- Not a lot – however Rob and Gill Gorle and I are working away to get better support so that the numbers can build:
  - Mary will visit Aspire staff meeting through Ian Harper a member of LDPB
  - Gill and Rob will visit Walsingham support Central involvement group
  - Crossroads together – on Facebook page
  - Houghton – pledged to support and send to carers
  - ECHO – pledged to support and send to carers
  - Landau – sending out to all BBO ( Building Better Opportunities) partners in Herefordshire
  - Shared Lives – Ginnie Jaques happy to facilitate

Any action or suggestions please?

# 1. Where do you live at the moment?

[More Details](#)

With family	4
With a carer	2
In a group home with more th...	1
In a small group home with 5 ...	1
In a care home	0
In a house or flat on my own	2
Other	3



In a Shared Lives home with a carer as part of the family

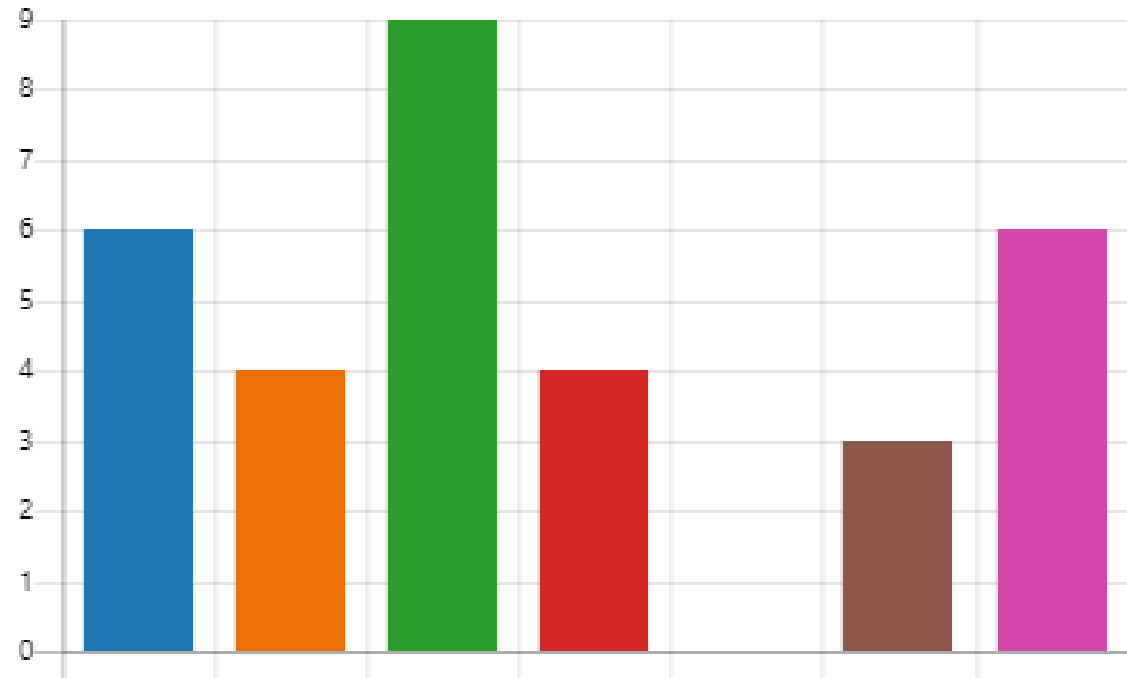
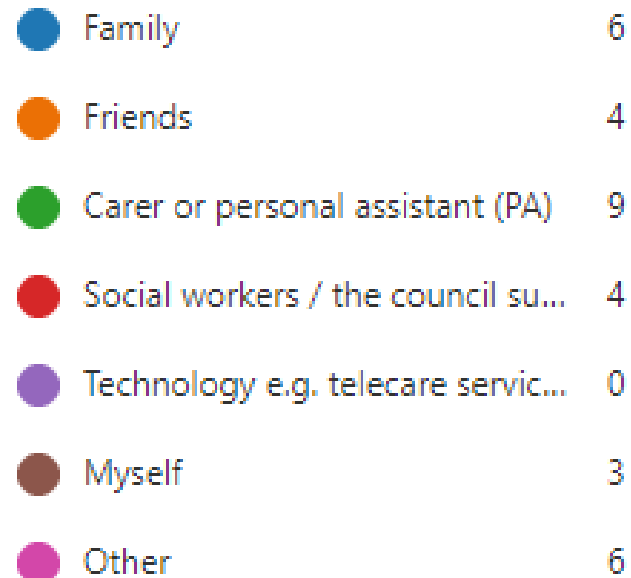
in a flat with a friend

with my wife

2. What support do you have? (Tick all that apply).

## I am supported by ...

[More Details](#)



3. **What do you like about where you live?** (E.G. Near shops, near my job, near my family, near friends, house mates, easy to travel to places, quiet, busy, rural, town, garden, space, fast internet, my own space).

5 respondents (38%) answered **shops** for this question.



#### Close to Locations

Shops, job, family/friends, The Richmond club, Train station, buses, Halo, The Courtyard, Day services, Eating places, Library, amenities, town, places to walk.

#### Important Features

Good neighbours  
Space/ big room, care staff I like, Nice garden, Quiet, Can keep pets, Internet, Being part of a family, Do what I want.

- 
4. **What would you change if you could about where you live?** (E.G. Near shops, near my job, near my family, near friends, house mates, easy to travel to places, quiet, busy, rural, town, garden, space, fast internet, my own space).

Majority (8) said nothing or repeated what they liked but those that made suggestions to change said;

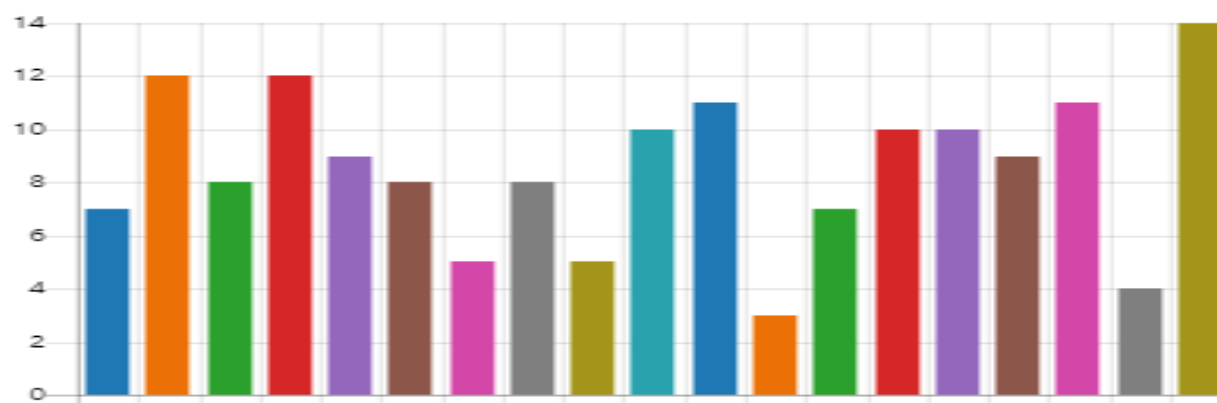
- **More space:** “Bigger kitchen”. “Bigger patio”. “BBQ!” “Bigger Kitchen”.
- **Location/ access:** “Transport is difficult”. “Transport options – more”. “I would like to live in Leominster”. “I would like to have access to more activities in the town where I live which are tailored to my disabilities and needs”.
- **Relationships/ support:** “I sometimes don't get on with a person I share the house with”. “My neighbour who is noisy!” “No special social worker like when I was a girl”

5. **How independent are you in your home?** Check all that apply in the place that you live.

(Independence means making your own decisions and doing activities to look after yourself in a way that you want - this can be with support. People support you to do what you want rather than do it for you without asking).

[More Details](#)

 I can personalise my space e.g...	7
 I can choose what I eat	12
 I can do shopping and food p...	8
 I can choose what I do in my ...	12
 I have access to the Internet if...	9
 I can come and go as I wish	8
 I can manage my own medica...	5
 I have a say in what happens i...	8
 I know how to complain if I a...	5
 I have access to refreshments ...	10
 I can take a bath or shower w...	11
 I can manage my own money	3
 I can do my own cleaning, tidy...	7
 I can choose what I wear and ...	10
 I can choose what I watch or li...	10
 I can exercise when I want	9
 I can contact my family and fri...	11
 I can compare my home exper...	4
 Other	14



## 6. What activities above would you like to do for yourself but need more support than is available?



I would like to do more evening activities.

going out and about

I choose not to come and go as I wish, I like my carer to know where I am in case I need some help

I need help with cooking

Cooking

Planning a week's menu

I need support with food preparation



I like doing my weaving

Managing money.





## 7. What activities above could you do for yourself but are not allowed? Do you know why?

Making house rules.

Choose decorations - cant because rented

Don't answer the door when carer not there

I have some support with managing my money and my food choices to make sure I have enough money and I stay healthy.

Everything but not ironing my clothes in case I have a seizure.

I need support for all activities - this I need more support to do more things.



BUT WHY?



I can do it all

8. **If possible, what kind of housing and support would you like to have next?** (e.g. More space, different area, more company, less company, more independence, less independence, garden, no garden, city, rural, More steps, less steps, closer to shops, further from work).

Happy as I am

Nothing to change

I'd like to stay where I am

I like living with my friends - I need Breyer support to be able to access more things

I would like to stay in my flat and build my living skills.

Might have liked bigger space especially if we have another pet but we are pretty happy there.

I'd like working showers! Somewhere I can keep pets.

I would like some respite in a unit where I can mix with other adults of a similar age to myself. More independence and be near other relevant and suitable services. Make more friends and have fun with people of a similar age.

Bigger garden, more independence

I would like to move to Leominster

House with Score helping me.

Shared Lives

Somewhere quieter and safer a less rough area. A whole house. My own office. A spare bedroom. A garage as an exercise gym and games room. A bit more outside space (patio) not a garden. Still just the two of us. In the city would be good.



9. **What support do you need to achieve this?** (E.G. Help to learn skills to do more for yourself, help finding somewhere else to live, help speaking up for yourself, help finding flatmates, help finding support workers, help moving, help to choose, help with money, help planning, help looking at options).

### **Speaking up/ being heard**

I need help with speaking up for myself,

I am non verbal so I need more help to ensure my voice is heard.

### **Choice**

A better choice of respite services residential places and accommodation suited to my needs in Herefordshire.

Bigger choice of transport.

### **Money help**

Help with money,

Help with money to pay my things to move out.

All of this comes with a cost.

Help with money once parents go, to work out costs etc

Work out how much it costs.

Help to work out costs.



### **Planning/ knowing options**

Planning and looking at options.

Help to look at options.

Need help to know options.

Help to search and get a good deal in a nice place.

### **People support**

Social worker

Also there needs to be access to a bigger pool of support workers

Help finding PAs,

A good team around me

Transition team in Hereford Herefordshire

Family network and friends

### **Practical Skills and help**

Help moving.

Fix showers.

How to care for them alone.

10. **Anything else you would like to tell us about where you live that will help Herefordshire Council plan the housing and support you will need in the future?**

I would like my social worker to work with my parents and me to make plans for the future so that I can have a good life, keep well and have the support I need.

I like residential care and this needs to be better supported with staff numbers



Houses that people can afford in safe places and help to think about what is possible for their needs.

My mum would like me to be supported by Affinity Trust, currently there are very few options available to us.

Leominster Herefordshire

I live in a market town with no services suitable or specific to meet my needs - education or social. I feel isolated and unable to maintain any real friendships or make new friends as there are no activities specific to young people with disabilities. I have to depend on my mum to drive me to Hereford if I need to access any services, which is not fair on her.



**11. Do you have any questions you would like to ask the Council or anything you would like to tell the Council about housing for people with a learning disability?**

Do you know how many people with a learning disability would like to live in their own place with support?

There should be more housing for people with a learning disability. An Easy Read guide of how to go about getting somewhere to live rent and buy. What help is available?



When can Score have a house for me to live in?

There needs to be a range of housing options - it is not a one size fits all - HC needs to appreciate this and to maintain a range of options - not push everyone into a one size fits all so called supported living.

Yes, publicise more housing information and options for young people with disabilities. Work closer with Education providers for those who are due to leave school or college and openly discuss options with young people so they know what the choices are. Tutors are unaware of housing 'next steps' so their knowledge needs to be developed in order to support students appropriately. Council Transition workers need to work more closely with educational establishments in order to keep them up to speed on 'what's next' in order to appropriately support their needs and provide options and choice.

More individual homes for people with different abilities, where carers can come in and support.

**12. In February we shall ask questions in the area 'What you do during the day'. We could ask you about jobs or sheltered work or other topics. What would you like us to ask about most?**

Job options for people with a learning disability

Jobs for people with learning disabilities

What options are there in Herefordshire for students with disabilities who are about to leave education for paid employment, volunteering or day activities. Is there a list of activities? If so where is it to be found?

More about future day opportunities

How I do during the day

Day opportunities.

day services

Day Opportunities. Do not suppose that everyone has the ability to work. HC needs to appreciate that the catch all phrase LD, includes a wide range of disabilities and abilities.

Day And night activities.

**Previous suggestions**

- Please ask us about housing.
- Roads.
- Better jobs.
- How to get your diet right.
- Special personal coaching to get fit and well.
- More sheltered work opportunities.
- Social care - better joint working.
- I like the idea of monthly surveys.
- I would like to know why it's necessary to have annual assessments by social workers. I always feel nervous and frightened that my budget will be cut, and I won't have as good a life as I do now.

13. Herefordshire Council would also like to ask you this month: What is your understanding of Herefordshire Talk Community?

Like wish

Access to opportunities

Groups in places to go to for some help

Heard of it but don't know what it is.



I don't know what this is.

Don't know what it is

No, haven't got the foggiest.

No idea!

Don't know

No no idea.

Don't know

no never heard

No comments

# 14. What would you like Talk Community to offer that would be useful to you?

A public face and ease of access within market towns providing a wealth of information

Health, mental health

As above (access to opportunities)

I might be interested in doing some volunteering in my community. I would like to make friends with more people in my local community. My ACSYL facilitator is helping me build a network and maybe Talk Community could help her with this.

Feeling safe at night especially when dark at night.

Yes thank you

Both ()



Don't know

Don't know

Dont know

## ABOUT

Talk Community is bringing Herefordshire together.

We want our residents, businesses, community leaders and council to all play their part, to make Herefordshire a better place to live and work.

From little acts of kindness, like looking out for your neighbours, or volunteer-run community hubs across the county, offering information and signposting, to partnerships with the police and NHS.

Our communities truly are the beating heart of Herefordshire.

HOW CAN I HELP MYSELF?

FIND OUT MORE

HOW CAN I HELP MY COMMUNITY?

FIND OUT MORE

HOW CAN MY COMMUNITY HELP ME?

FIND OUT MORE