

## Targeted Short Breaks Allowance – what can it be used for?

*The Targeted Short Breaks Allowance is to help children with disabilities to take part in leisure activities whilst allowing the person/s that care for them to have a short break.*



### Funding can be spent on a wide range of things including:

- Leisure activities dependent on your child's interests such as:
  - Swimming
  - Bowling
  - Cinema/ theatre
  - Trampoline parks
  - Soft play parks
  - Leisure centres
  - Ice skating
  - Horse riding
  - Youth clubs / leisure clubs
- Group activities and play sessions with other children
- Payment to a carer who is accompanying the child to do an activity / have a day out
- If your child needs specialist equipment in order to take part in leisure activities, this may be acceptable in some circumstances so please contact Short Breaks

*For any exceptional circumstance spend, please email [shortbreaks@herefordshire.gov.uk](mailto:shortbreaks@herefordshire.gov.uk) for approval*



### Funding cannot be used for costs that any parent would pay for their child, regardless of their disability, such as:

- Activities, days out or holidays for the family
- Hire of holiday accommodation / caravans / camp site
- Transport (Petrol, Taxis, Trains) and parking costs for your child to attend activities and return home
- Incidental costs such as meals & refreshments
- Siblings and/or friends to join them in the activities
- Payments to relatives who live in the same household.
- Items, goods or services that do not provide activities for the named child and a break for you as a parent such as:
  - Clothing
  - Groceries
  - Utility Bills, TV licence, Council Tax
  - Deliveries and takeaway food
  - Mobile phone repair & bills/top up
  - Subscriptions for household services (i.e. streaming services such as Amazon or Netflix etc.)
  - Direct Debits/Standing Orders
- Funding should not be used for resources in the home such as play/sensory equipment, IT equipment, computer games, garden play items or gym equipment.

*Monthly transaction audits are carried out and you will be contacted about any inappropriate spend identified*