

Spike Sign

Hedgehogs are nocturnal, so they sleep during the day. Although it's exciting and you might want to see a hedgehog, they can get stressed if you disturb them. It might also make them abandon their home to find a new one.

Sometimes we just need a little reminder to be careful. You can create your own sign or print ours. We suggest you laminate it and then put it somewhere everyone can see so that they can be mindful of hedgehogs.

The best time to see a hedgehog is during the night or early morning. They are active between April to October, whilst between November to March they hibernate.

If you want to check if a hedgehog has taken up residence we suggest looking for paw prints or setting up a camera!

Don't forget to share with us any hedgehog sightings, you can do this by visiting the Hereford Biological Records Centre (HBRC) page and pressing "Submit a record".

[Submit a record – Herefordshire Biological Records Centre \(hbr.org.uk\)](https://hbr.org.uk)



FUN FACTS!

During Spring and Summer a hedgehog's main goal is to store as much energy as possible so that it is able to survive winter. Every little bit counts. While in hibernation hedgehogs use up the fat stores they have built up over the summer.

That's why it's so important that they are not disturbed. It takes a lot of energy to 'wake up' from their stupor and disturbances over winter can be very dangerous.

If you want to help hedgehogs then we suggest over their active months providing some good quality supplementary food for them to forage. But don't place this next to their habitat as it can attract predators.



Caution
Sleeping Hedgehog

