

March + April 2023 Poll – Changing Places



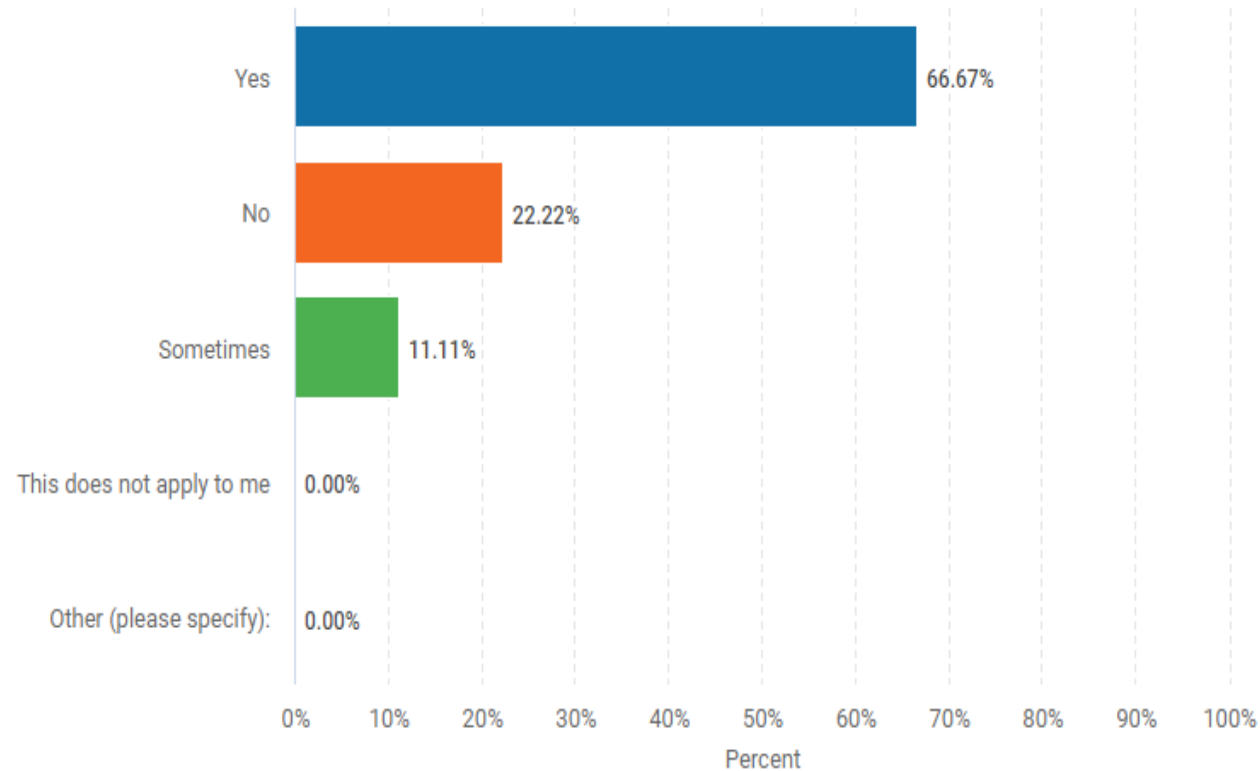
**HEREFORDSHIRE'S
LEARNING DISABILITY
PARTNERSHIP BOARD**
everything about us but not without us

Nine people answered the poll about Changing Places

- 6 people were carers answering for somebody else
- 3 had used a Changing Places toilet before and found them useful
- They included people with Disabilities (Physical and Learning Disability).
- The 6 People who said where they lived were from the Hereford(4) area and Ross (2).



Do You or someone you know or care for have to cut outings short due to the lack of facilities locally?



6 People said Yes

2 people said No

1 Person said sometimes.





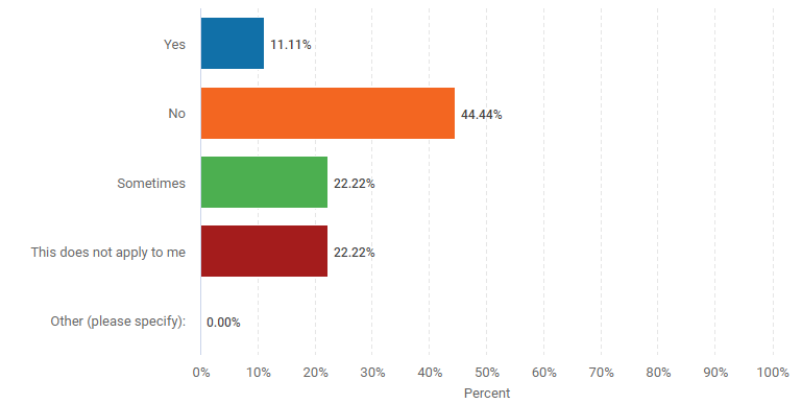
-
- **Comments included:**
 - Very limited access to suitable facilities in most places.
 - There aren't many local changing place facilities and therefore activities have to get cut short so that dignified care can be given.
 - Limited wheelchair taxis are available.

Do you or somebody you know or care for limit drinks/fluids to allow you to stay out?

- 1 person said yes
- 4 persons said no
- 2 persons said sometimes
- 2 persons said this does not apply to me



Do you or somebody you know or care for limit drinks/ fluids to allow you to stay out?



How does it make you or the person you know or care for feel if you can't join activities in your community due to a lack of facilities for personal care?

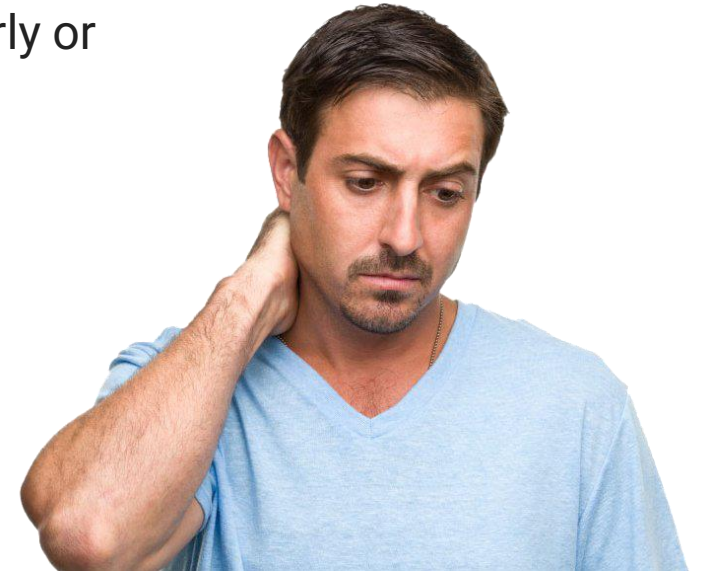
Unsure but for carers it is not a nice feeling. You either have to go home early or change on the floor which is unsafe and undignified.

Frustrated

Very disappointing

Not valued

It's bad



It makes the people I support feel isolated and frustrated, they will then feel like they are missing out on opportunities to learn something new or to make new connections with people. This can lead to people supported becoming unmotivated and potentially affect their mental health negatively.

How does it make you or the person you know or care for feel if you can't join activities in your community due to a lack of facilities for personal care?



Feelings experienced are withdrawn from the community, isolated, excluded, low self-esteem, and lack of confidence.

They feel sad



Angry! Why should someone that needs additional help with toileting have to be excluded or miss out on opportunities because we lack the facilities for dignified personal care? People should not be excluded from taking part in activities due to their disability, and local places not being able to cater for this.

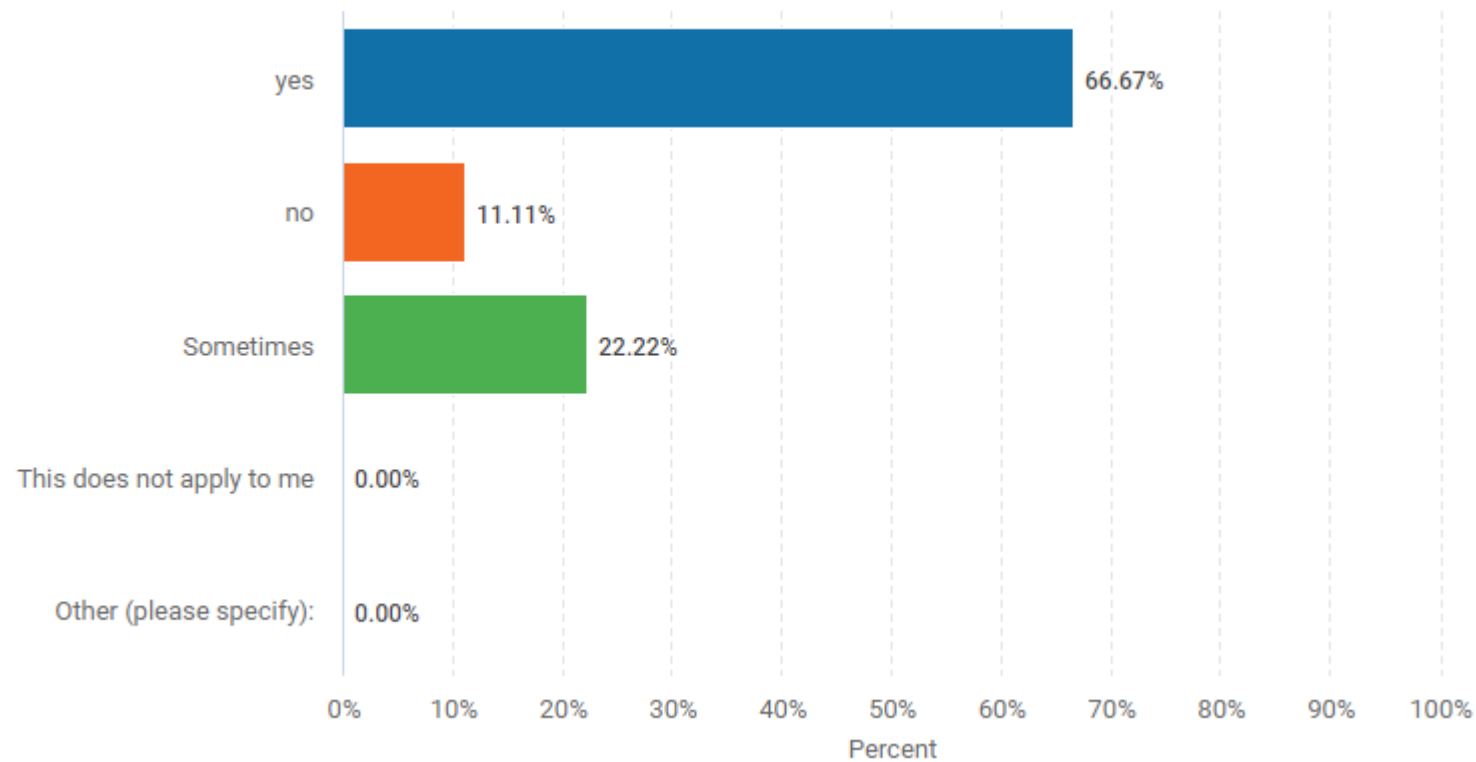
It also makes me sad that those that require a bed but not a hoist are often changed on dirty disabled toilet floors, or on unsafe baby changing tables. It is not dignified to get changed on the floor of a toilet which is more often than not dirty, as well as lots of disabled toilets also being quite small and therefore it is difficult to assist someone in their personal care

**Does
Herefordshire
need more than
three Changing
places toilets?**

Every person said yes.



Are your travel choices restricted by a lack of personal care facilities for you or someone you know or care for?



6 People said yes
1 person said no
2 people said sometimes





Comments were:

- Very limited. Serious lack of facilities in most places. Every service station should have access. We are limited for activities in Herefordshire anyway but then to have no toilet is awful. Even in bigger places like Birmingham they only have 1!
- I know that we cannot go to places that do not have personal care facilities, which vastly narrows down available options within the county.
- It would be good to know a number of appropriate facilities that we could access to travel longer distances.

Local attractions such as farm parks or tourist attractions.

Queenswood says it's fully accessible but isn't as no changing places Supermarkets



So many places! We need at least one in each market town! Preferably, nowhere in the main towns should be further than a 5-minute walk to a changing places toilet. It is undignified, and sometimes dangerous, to allow someone to sit whilst soiled having to walk a long distance to find an accessible toilet for them. One is needed closer to the cathedral/castle green area in Hereford. One is needed at Queenswood. One is needed near Dunelm/the leisure centre The one in Leominster is poorly known about, and needs better signposting. It would be better to have one situated near the other public toilets, either at the Grange or next to the public toilets by the fire station (preferably both!). I am not as familiar with Herefordshire's other market towns, but one is needed in each of them (otherwise how can individuals that require one go to these market towns).

Where in Herefordshire do you think needs a Changing Places Toilet?

Where in Herefordshire do you think needs a Changing Places Toilet?

In town

In the towns and popular countryside venues

In all of the surrounding towns as well as the city, so that it's not just cities that have them available.

All Herefordshire towns, places of interest, tourist attractions.

In the town centres.

Ross on Wye

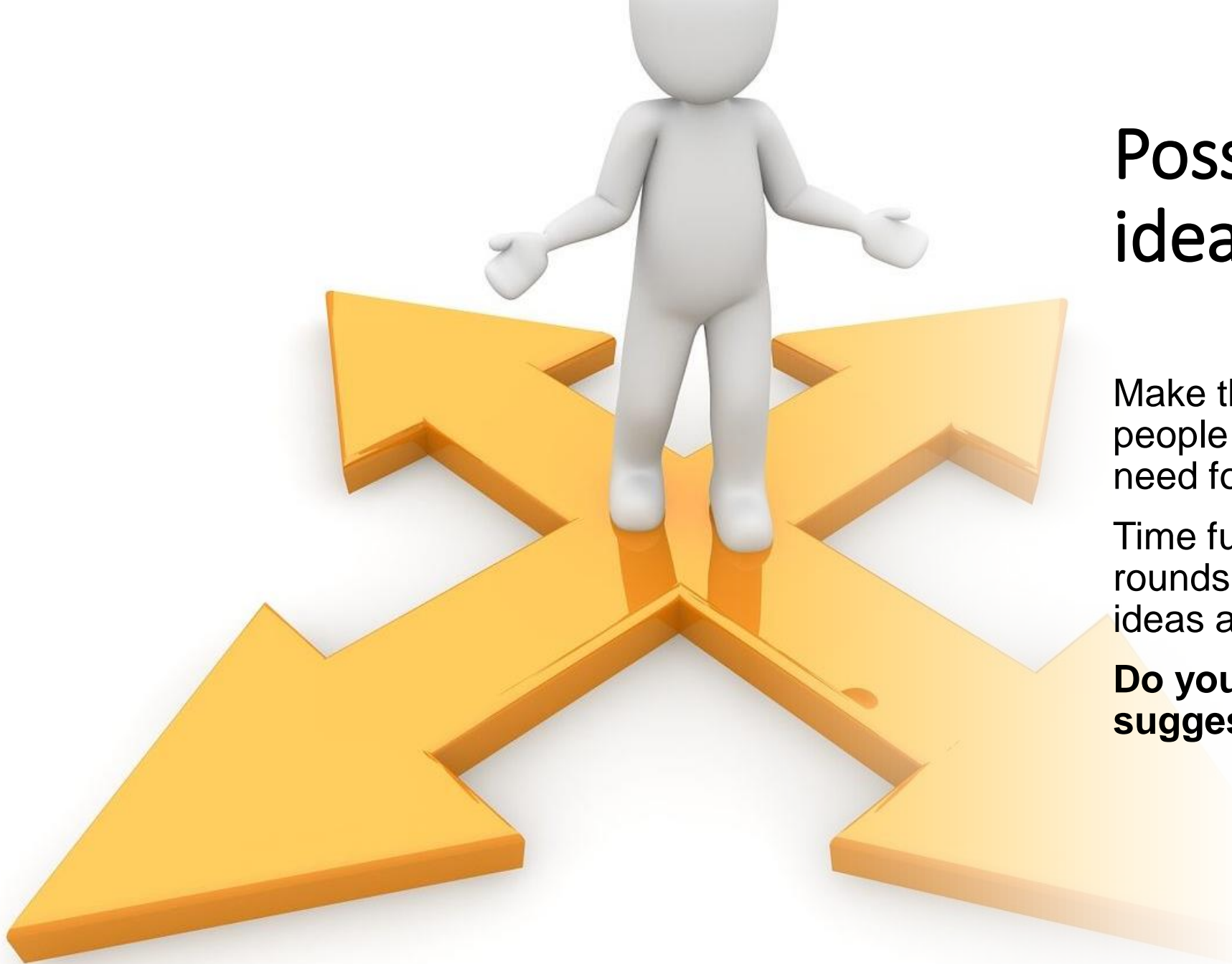


St Owens street or high Town, near the square and all the cafes.



What does this tell us?

- From our sample, it can be a huge and difficult issue for people.
- Changing Places facilities can make a big difference.
- Although we have raised more money in Herefordshire for more changing places toilets in Aspire hub and The Courtyard future opportunities to put more in would be welcomed.
- People have lots of ideas about where they would like them to be so that they are free to move around Herefordshire without restrictions.



Possible response ideas

Make this report available to people that need evidence of need for future bids.

Time future polls before bidding rounds – people have lots of ideas and stories to tell.

Do you have any other suggestions?