

2024-2025 Autumn Term

Available to Designated Teachers and other school staff

There is no charge for training, but a charge will be made for non-attendees on in person courses.

	Topic	Lead	Delivery	Term and date
1	<p>Virtual School Conference</p> <p>The aim of our conference is to promote positive relationships and belonging in Herefordshire schools. It is a rare and not-to-be missed opportunity to hear the motivational speaker Lemn Sissay, author and poet, as well as Nicholas Mort, Director of the Futures Education Institute and Samantha Rooke, Head Teacher at President Kennedy School.</p> <p><i>*To be booked through the Conference Flyer link</i></p>	Virtual School Team	In person The Courtyard Hereford	Autumn 1 Wednesday 2nd October 9am-4pm
2	<p>Sensory Processing and Sensory Needs</p> <p>This workshop will provide an overview of the impact of trauma on children's sensory development. We will look at strategies and resources that might help support individuals you work with.</p>	Ursula Beck Virtual School Educational Psychologist	Virtual Microsoft Office Teams	Autumn 2 Thursday 7th November 9:30-11am
3	<p>The Importance of Belonging in School</p> <p>This session will cover what is meant by 'belonging', the importance of a sense of belonging for our behaviour and identity, the benefits for schools and children of a strong sense of belonging and how schools can develop belonging in all their children.</p>	Amanda Cotton Virtual School Senior Educational Psychologist	Virtual Microsoft Office Teams	Autumn 2 Tuesday 26th November 9:30-11am

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4	<p>DTs and delegated users – your roles and responsibilities. Information on the role of the DT and those delegated to assist with the role including responsibilities in school, completion of the PEP document and PEP meetings. NB – DTs and anyone involved with completing the PEP meetings (including TAs) should attend this training as soon as possible after starting the role and repeat it at least once every two years.</p>	<p>Joanna Chick Virtual School Head Teacher</p>	<p>Virtual Microsoft Office Teams</p>	<p>Autumn 2 Tuesday 3rd December 9:30-11am</p>
5	<p>Developing Literacy Skills This course will consider why many vulnerable children struggle to acquire basic literacy skills and what the evidence says about how schools and carers can best support children and young people to make progress.</p>	<p>Virtual School Assistant Educational Psychologist</p>	<p>Virtual Microsoft Office Teams</p>	<p>Spring 1 15th January 9:30-11am</p>
6	<p>The Teenage Brain This course will look at the spectacular changes that occur in the teenage brain from the beginning of adolescence through to adulthood. We will consider what these changes can mean for behaviour and emotional regulation as well as support strategies for school and home.</p>	<p>Amanda Cotton Virtual School Senior Educational Psychologist</p>	<p>Virtual Microsoft Office Teams</p>	<p>Spring 1 4th February 9:30-11am</p>



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	Topic	Lead	Delivery	Term and date
7	Use of Early Years Pupil Premium How to best utilise additional funding for looked after children and other vulnerable children.	Joanna Chick Virtual School Head Teacher	Virtual Microsoft Office Teams	Spring 2 Wednesday 26th February 3:30-5pm
8	Trauma, Attachment and Relationships This course will look at what defines trauma and how it can impact on a child's development. We will consider attachment theory and how building relationships with vulnerable children can impact positively on their wellbeing, learning and behaviour. We will also look at strategies which are effective in supporting children who have experienced trauma or disrupted attachment relationships.	Amanda Cotton Virtual School Senior Educational Psychologist	Virtual Microsoft Office Teams	Spring 2 Tuesday 25th March 9:30-11am
9	DT Network Meeting Virtual School and DfE updates. An opportunity to discuss any issues or concerns and a chance to network with other designated teachers.	Virtual School Team	In Person HARC, Hereford	Spring 2 Wednesday 2nd April 9:30-12pm



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	Topic	Lead	Delivery	Term and date
10	<p>DTs and delegated users – your roles and responsibilities. Information on the role of the DT and those delegated to assist with the role including responsibilities in school, completion of the PEP document and PEP meetings.</p> <p>NB – DTs and anyone involved with completing the PEP meetings (including TAs) should attend this training as soon as possible after starting the role and repeat it at least once every two years.</p>	<p>Joanna Chick Virtual School Head Teacher</p>	<p>Virtual Microsoft Office Teams</p>	<p>Summer 1 Thursday 1st May 9:30-11am</p>
11	<p>Therapeutic Play This course will look at the therapeutic value of play and how to use play to support children’s emotional wellbeing. We will look at practical activities staff can use with pupils in their settings.</p>	<p>Ursula Beck Virtual School Educational Psychologist</p>	<p>In Person HARC, Hereford</p>	<p>Summer 1 Thursday 8th May 9:30-11am</p>



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12	<p>Empathy and Truth-Telling</p> <p>This course will look at why behaving empathically can be a challenge for some children and young people who have encountered adverse childhood experiences. We will also consider approaches that may reduce opportunities for children to learn to feel empathy, before exploring alternative approaches that can develop young people's ability to empathise with others. We will also look at the role of truth and lies and their interaction with the development of empathy in some young people.</p>	<p>Amanda Cotton Virtual School Senior Educational Psychologist</p>	<p>Virtual Microsoft Office Teams</p>	<p>Summer 1 Thursday 22nd May 9:30-11am</p>
13	<p>Supporting Children's Executive Functioning</p> <p>This course will introduce you to the psychological theories and neuroscience of executive functioning, providing you with the knowledge and skills to recognise and understand the impact of executive functioning on children and young people's learning and emotional regulation. We will also look at support strategies to implement in school.</p>	<p>Amanda Cotton Virtual School Senior Educational Psychologist</p>	<p>Virtual Microsoft Office Teams</p>	<p>Summer 2 Tuesday 24th June 9:30-11am</p>

For further information or to book any of the Virtual School training sessions please contact Laura Palmer Education Adviser for Post-CLA.

Email: laura.palmer@herefordshire.gov.uk





**Herefordshire Virtual School Training Offer
2024-2025 Autumn Term**



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The Virtual School also offers a range of wider staff and whole school training including:

Trauma and Attachment

Emotion Coaching

Behaviour Analysis

Restorative Practice

We can tailor any of our courses to meet your specific training goals so please contact Joanna Chick, Virtual School Head Teacher, or Amanda Cotton, Virtual School Senior Educational Psychologist, if you would like further information.

Attachment Research Community (ARC)

ARC is a national organisation which aims to promote trauma-informed and attachment-aware practice in schools with the aim of improving behaviour, increasing attendance and supporting emotional wellbeing. In Herefordshire we want to recognise the work done in schools to build positive relationships, using a trauma-informed and attachment-aware (TIAA) approach. We are therefore supporting schools to complete the ARC pathway and become more relational in their practice. Details are available from the Virtual School by emailing Joanna Chick, Virtual School Head Teacher or Amanda Cotton, Virtual School Senior Educational Psychologist.

Email: Joanna.Chick2@herefordshire.gov.uk

Amanda.Cotton@herefordshire.gov.uk

