

Small changes,
big differences.



FREE Stepping Stones Triple P

Parenting course for parents of children with a diagnosed additional
need. The Power Of Positive Parenting

What Triple P can do for you:

- Encourage behaviour you like
- Deal with problem behaviour
- Become confident as a parent
- Be realistic about parenting
- Take care of yourself

DATE: Starts on - Tuesday 11th June
2024 until Tuesday 16th July

DURATION – 6 weeks

DAYTIME: 10:00 – 12:00

At: Hereford Town Hall

10 St Owen Street

Hereford

All sessions must be attended

BOOKINGS AND INFORMATION

Course is 6 sessions long (1 session is by phone). This is a free course for parents, caregivers or guardians of children between the ages of 2-11.

For more information or to book a space please email - parentinggroups@herefordshire.gov.uk

www.triplep-parenting.net