

Small changes,
big differences.



FREE Standard Triple P Takes the guesswork out of parenting

New positive parenting course starts soon...

What Triple P can do for you:

- Encourage behaviour you like
- Deal with problem behaviour
- Become confident as a parent
- Be realistic about parenting
- Take care of yourself

DATE: Starts on - Monday 30th
September - Monday November 4th 2024

DURATION – 6 weeks

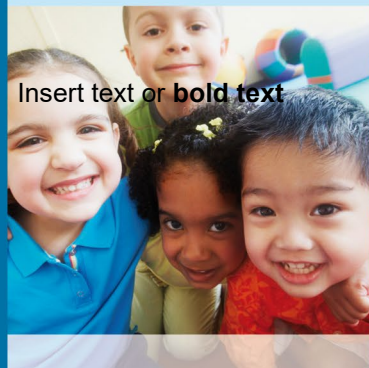
DAYTIME: Monday 9:30am– 12:30pm

Assembly Hall, Town Hall, Hereford

All sessions must be attended

BOOKINGS AND INFORMATION This course is 6 sessions long This is a free course for parents, caregivers or guardians of children between the ages of 2- 11. For more information contact: parentinggroups@herefordshire.gov.uk or call Children's Help and Advice Team on 01432 260261 – Please note: **Self Referrals Only**

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