

Small changes,
big differences.



FREE Group Teen Triple P Takes the guesswork out of parenting

New positive parenting course starts soon...

What Triple P can do for you:

- Encourage behaviour you like
- Deal with problem behaviour
- Become confident as a parent
- Be realistic about parenting
- Take care of yourself

DATE: Starts on Wednesday 18th
September until 23rd October

DURATION – 6 weeks

Daytime : 12:30 – 14:30pm
Maylords Community Room
Hereford

BOOKINGS AND INFORMATION

This is a free course for parents, caregivers or guardians of children between the ages of 11-16. For more information contact: parentinggroups@herefordshire.gov.uk or Children's Help and Advice Team on 01432 260261 **Please note: Self Referrals Only**

Small changes, big differences.



Insert text or **bold text**

