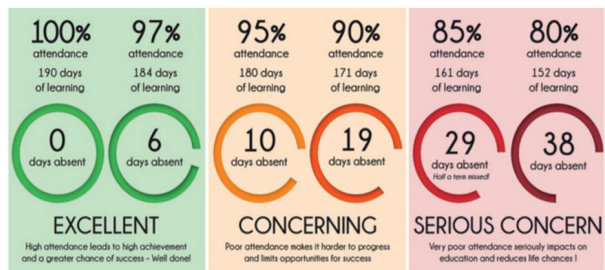


**“By being in school every day my handwriting and football skills have got better, I have more respect and I feel more alive”**

Parents can encourage good attendance by:

- Having a regular bedtime and morning routine
- Preparing for the morning routine by packing a bag the night before and setting out uniform
- Talking together about all the fun their child will have at school
- Arranging routine medical appointments, outings and holidays out of school hours
- Talking to your child’s teacher if there are any concerns or anxieties
- Show your child that you think school attendance is important
- Attend parent evenings to discuss your child’s progress
- Always let the school know when your child is off school through illness and when they can expect them back
- Working with the school when any support is offered, including formal support such as attendance contracts or voluntary early help



**If you are facing difficulties getting your child into school, it is important to discuss this with the school at the earliest opportunity.**

**They are there to help.**



[www.herefordshire.gov.uk/goodattendance](http://www.herefordshire.gov.uk/goodattendance)

**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**

## A Parent’s Guide to School Attendance

Regular school attendance is an important part of giving your child the best possible start in life



Having a good education is important for every child, to ensure that they have the best opportunities in their adult life.

All parents want the best for their child and for them to get on well in life. Your child's future may be affected by not attending school, or an alternative, regularly. Setting good attendance patterns from an early age will help your child later on in life.

If children do not attend school regularly they:

- struggle to keep up with school work.
- miss out on the social side of school. Poor attendance can affect children's ability to make and keep friendships; which are a vital part of growing up.

### **Punctuality is important too**

Being on time is a good life skill.

It is important that children understand the importance of time keeping and being organised.

Arriving late at school can be very disruptive for your child, their teacher and the other children in the class.



## **Having difficulty getting your child to school?**

if your child is regularly missing school and showing signs that they don't want to go, please get in touch with the school and seek support as soon as possible.

Understand why your child doesn't want to go to school.

Before you can help your child, it's important to understand why they don't want to go to school.

Talk to your child openly and honestly about why they don't like school. Work with them to make a list of what they like and don't like. Lists can help children organise their thoughts, and communicate with you more easily.

Next, talk to your child's school to see if you can find any reasons why they don't want to go. You can ask:

- Has there been conflict with other pupils or teachers?
- Is your child being bullied?

- Are there classes your child is struggling with?
- Are there particular classes, days or times of the day your child is missing?
- Does the school think your child has special educational needs (SEN)?
- What would the school recommend or are there any changes that could be trialled?

## **Parenting support**

Parenting can be challenging. If you're facing challenges with your child's attendance, know that you're not alone. Parenting support is available to help you navigate any obstacles and create a supportive environment for your child's education.

Whether it's addressing underlying issues, establishing effective routines, or accessing resources to overcome barriers, seeking support can make a significant difference. Remember, by prioritising your child's Being in school has a huge range attendance, you're investing in their future success and helping them build a strong foundation for lifelong learning.

We have a range of services that can support you. Get in touch with our friendly and professional Children's Help and Advice Team who will listen to your worries and offer advice to support your needs. You can also attend our free face-to-face parenting support courses or sign up to our free online parenting courses.

Visit the Family support web pages for more information:  
[www.herefordshire.gov.uk/family-support/parent](http://www.herefordshire.gov.uk/family-support/parent)