

Suicide Bereavement Support for Schools in Herefordshire

Please find below a list of useful resources and services that offer specialised support to children and young people who have experienced the loss of a loved one to suicide.

Suicide Bereavement Toolkits & Resources for Schools

Provider	Overview	Website
Chilypep: Walk With Us Toolkit	A Toolkit for Supporting Children, Young People and Families Affected or Bereaved by Suicide.	Walk With Us- ABS toolkit (supportaftersuicide.org.uk)
Papyrus: Building Suicide-Safer Schools and Colleges	A guide to suicide prevention, intervention and postvention in schools and colleges, aimed specifically at teachers as well as school or college staff.	Schools guide Papyrus (papyrus-uk.org)
Child Bereavement UK: Supporting your child when someone has died by suicide	Information that covers ideas for what to tell children and young people bereaved by suicide, how they might feel and respond, and what might help to support them.	Supporting your child when someone has died by suicide Child Bereavement UK
Cruse Bereavement: Supporting children bereaved by suicide	If a child or young person has been bereaved through suicide, they can be under enormous emotional pressure. Cruse share some common reactions children and young people have to a loved one dying by suicide, along with ways their school can support them	Supporting children bereaved by suicide - Cruse Bereavement Support
Winston's Wish: Beyond the Rough Rock - Supporting a child bereaved by suicide	A book that gives parents and professionals the confidence to involve children in discussions about the nature of a death by suicide.	Beyond the Rough Rock - Supporting a child bereaved by suicide – Winston's Wish (winstonswish.org)

Local Support for CYP Bereaved by Suicide

Provider	Overview	Website
Herefordshire Bereaved by Suicide Service	Delivered by Victim Support, they offer free and confidential support to adults as well as children from the age of 4 upwards across Herefordshire.	Bereaved by Suicide services in Herefordshire - Victim Support
Phoenix Bereavement Support	Phoenix Bereavement is a specialist Herefordshire service for children, young people (5-25) and their families when a family member or someone else close to them dies.	Home Phoenix Bereavement Support

National Support for CYP Bereaved by Suicide

Provider	Overview	Website
Winston's Wish	Winston's Wish offers specialist suicide bereavement support for families, children and young people (up to 25) when someone important has taken their own life.	Suicide Bereavement Support Death Through Suicide Winston's Wish (winstonswish.org)
Barnardo's	They offer therapeutic support to children who have been bereaved through suicide or traumatically. Advice and support to their parents/carers. Consultancy and training to professionals working with children who have been bereaved.	Child Bereavement Service - Suicide work Barnardo's (barnardos.org.uk)

If you have been impacted by or need to debrief after supporting a child or young person affected by suicide, Papyrus offers a [Debrief Service](#). You can reach them through their HOPELINE247, available 24 hours a day, 365 days a year. Call [0800 068 4141](tel:08000684141), text [88247](tel:88247) or email pat@papyrus-uk.org

If you have any questions or would like any further support in relation to suicide and suicide bereavement please contact: suicideprevention@herefordshire.gov.uk