

# Children's Wellbeing Networking Event Round-up

## Tuesday 28 June 2016

### Adolescents with challenges

#### Market place stalls

Thank you to each of the following organisations for hosting a market stall:

- SHYPP- Supported Housing for Young People Project
- The CLD Trust Marches
- Family Network
- No Wrong Door and Talent Match (HVOSS)

#### Speed Networking

This was a first for these events. A bit of confusion by the organisers about timings at the start was soon sorted and everyone got into the flow of speaking quickly and moving on when the bell sounded.

This was followed by the coffee and the market place which also gave additional opportunity to network and meet with the people you didn't get to speak with on the speed section or to re-connect with someone you did.

#### 'Adolescents with Challenges'

This workshop was presented by Louise Tanner (Learning and Curriculum Senior Advisor) and provided a lot of well received information on what the challenges are. We were challenged with a brief quiz to test our knowledge on what life looks like for an adolescent in Herefordshire. This was followed by a breakdown of what the NEET cohort looked like. Louise also touched on issues around young people including alcohol, youth justice, re-offending, drugs, missing school and teen conception rates.

It was then time for everyone to do some work with round-table discussions and the task of identifying what could be done and how can we really make a significant life changing impact for our adolescents with challenges. Suggestions put forward were:

- Funding for under 19 peer services such as parenting skills
- Joined up thinking between youth and adult services
- RONI to happen earlier & to be acted upon
- Schools to know the services available to signpost to
- Parenting programmes such as Solihull or Incredible Years
- Early identification / intervention/ interaction
- Work with Early Years providers to engage
- Breaking down & reducing stigma re mental health & wellbeing
- Focus on transition
- Colleges do more to help transition
- Summer schools for year 11's
- Whole school, school/ parent contact, engage more with parents

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- Accessible therapies e.g. counselling
- Whole family engagement
- Informal & preventative family support skill base
- Family swimming lessons
- Accessibility: Skype webinars – bear in mind hard to reach families may have no internet/ free internet
- Peer support & wellbeing ambassadors – SYM champions
- Multi agency collaboration
- Mentoring – peer to peer
- Listen to young people - allow them to be the solution rather than be considered as the problem
- Each school to provide pastoral care i.e. mental health nurse or youth worker
- Reinstate schools lifestyle survey (online version) to gather evidence for justifying funding priorities – as preventative work
- Engage schools more – maybe database of services that schools can access to match with children/YP's needs
- Improve communications
- Identify children who often don't meet baseline criteria for specific services, but accumulatively are suffering (multi complex issues team)
- Mediation service to work with families to prevent crisis
- Focus on positive outcomes/ aspirations of CYP to improve work with parents – e.g. Healthy lifestyle projects with holistic approach – rather than specific issue based label
- Recognise professional expertise/ consultation evidence to fund preventative work
- Wider net/ more open tendering processes for services/ targeted programme
- Creative commissioning

### Organisations attending

Everyone was asked to 'opt out' if they did not want to be included on a contact list that would be made available after the event. This can be found at the end of the document as Appendix 1.

### Summary of event feedback

Places available – 60 (100%)	Places booked – 57 (95%)	Total attendees – 45 (79%)		
Non attendees – 12 (21%)		Feedback received from – 27 (60%)		
How would you rate the event:	Excellent - 2 Poor - 0	Very good - 0 Left Blank - 0	Good - 9	Fair - 16
Liked about the event:	<ul style="list-style-type: none"> <li>• Speed networking – more effective than traditional networking where people tend to form pockets with the same people each time</li> </ul>			

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	<ul style="list-style-type: none"> <li>• Different set-ups for networking</li> <li>• Interactive/ group session/ discussions with others</li> <li>• Useful data/ stats</li> <li>• Range of organisations represented</li> <li>• Great starting point for identifying what gaps there are</li> <li>• The focus on a specific age range</li> <li>• A good mix of facts/ discussion</li> <li>• Variety of approach put forward</li> <li>• Right people invited</li> <li>• Herefordshire areas of concern well presented</li> <li>• Clear agenda/ well focused</li> <li>• The venue</li> <li>• All of it</li> </ul>
<p>Would have liked:</p>	<ul style="list-style-type: none"> <li>• Less big national/ regional providers present in the hope of selling their businesses/ services</li> <li>• To see more people attend from schools, social care &amp; health</li> <li>• Handout with attendee list and brief description of organisations present as unable to speak to everyone at speed networking</li> <li>• Longer time given per person at speed networking</li> <li>• Venue with better acoustics</li> </ul>
<p>Feedback from workshop:</p>	<ul style="list-style-type: none"> <li>• Very useful factual information</li> <li>• Opportunity for discussion amongst a wide range of professionals</li> <li>• Relaxed &amp; focused</li> <li>• Excellently delivered</li> <li>• Good stats covering issues</li> <li>• Provoked extremely useful discussion</li> <li>• Good to hear and share ideas</li> </ul>
<p>Topics/themes to address at a future event:</p>	<ul style="list-style-type: none"> <li>• Explore more ways of collaboration</li> <li>• Multi-agency responses &amp; responsibilities for good mental health in children and young people</li> <li>• What is available in early intervention in Herefordshire</li> <li>• Rural homelessness</li> <li>• Participation</li> <li>• Reducing stigma</li> </ul>

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### Appendix 1

Only one representative has been named for each organisation:

<b>Organisation:</b>	<b>Representative:</b>	<b>Contact details:</b>
2Gether NHS Foundation Trust	Elaine Cook-Tippins	elaine.cook-tippins@nhs.net
Babcock Education	Liz Holt	liz.holt@babcockinternational.com
Birtenshaw	Stuart Stokes	stuart.stokes@birtenshaw.org.uk
Brandon Trust	Gavin Eyre	gavin.eyre@brandontrust.org
Bright Futures 4 Youth	Cath Warren	cath@brightfutures4youth.com
CAHMS, Herefordshire CCG	Katherine Smith	katherine.smith38@nhs.net
Crossroads Care	Louise Herriott	louiseh@crossroadsfd.org.uk
Family Links	Gail Allan	gail.allan@familylinks.org.uk
Halo Leisure	Jenny Corfield	jenny.corfield@focusgov.co.uk
Hope Support Services	Clare Thomas	clare.thomas@hopesupportservices.org.uk
Impacting Lives	Ishy Yaqub	ishy@impactinglives.co.uk
Kedleston Schools	Sue Meredith	s.meredith@kedlestonschools.com
Key 2 Futures	Kirstie O'Connor	kirstie.oconnor@key2.org.uk
Marches Family Network	Louise Walton	manager@marchesfamilynetwork.org.uk
Newton Farm Community Group	Rebecca Ashton	manager@newtonfarmcommunity.com
No Wrong Door	Will Edwards	will.edwards@hvoss.org.uk
Phoenix Bereavement	Tina Harris	tina@phoenixbereavement.org
Pre-school Learning Alliance	Dee Davenport	dee.davenport@pre-school.org.uk
SHYPP - WM Housing	Helen Parker	helen.parker@wmhousing.co.uk
Talent Match	Richard Betterton	richard.betterton@hvoss.org.uk
The CLD Trust	Nerys Evans	nerys@thecldtrust.org
The Hope Family Centre	Sarah Eardley	sarah@hopefamilycentre.co.uk
TS Healthcare	Sindy Moyo	smoyo@tshealthcare.co.uk
Wye Valley Mediation	Emma Rawlins representing Claire Jackson	claire@wyevalleymediation.co.uk
Young Mothers To Be	Cathy Williams	cathyw@ymtb.co.uk
Youth Offending Service	Alison Ellis	alison.ellis.whyos@westmercia.pnn.police.uk